Kick Butts Generation

VOICE: August 2024

Even in the Heat of Summer, Stay Tobacco & Nicotine Free!

Save the Date: Fall Youth Summit 2024

When: Monday, October 21st, 2024
8 a.m. - 2 p.m.
Where: Clayton Hall at the University of Delaware

Join us this Fall on Monday, October 21st, 2024, for the annual KBG Youth Summit! This fun-filled day will consist of expert speakers, engaging activities, breakout rooms, and much more. We are so excited to spend the day with those in our KBG community, fighting against Big Tobacco and spreading our message!

A Registration Link for this event will be sent out in early September.

Event Recap: Delaware Goes Purple

At the beginning of August, Laurel Library hosted the event, Delaware Goes Purple! This community health fair provided resources to those in the community on how to stay healthy and safe. They also had a KBG booth that provided tobacco prevention education to participants. Thank you to Laurel Library for putting on this great event!

Healthy Lungs, Healthy Students: Essential Back-To-School Tips

American Lung Association

Check out the new release - Healthy Lung, Healthy Students: Essential Back-To-School Tips from the American Lung Association. This article touches on the four important aspects of lung health: asthma, tobacco use, indoor air quality, and infectious respiratory diseases and vaccinations. Within the release, American Lung Association offers a variety of resources and tips for students, parents, and school officials on how to keep their lungs healthy this school season.

Click Here to Read the Press Release

Calling All KBG Adult Advisors!

2024-2025 KBG Advisor Agreements Will Be Sent Out at the Beginning of Next Week!

Please keep checking your email inbox at the start of next week, September 3rd, for KBG Adult Advisor Agreements to be sent and filled out. If you have any questions or concerns regarding the agreements, please contact Claire Coupard at claire.coupard@lung.org

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N-O-T & INDEPTH

N-O-T: Not on Tobacco - Proven Teen Smoking and Vaping Cessation Program

N-O-T is an evidence-based program with an impressive success rate, with approximately 90 percent of teens who participate in the program cutting back or quitting tobacco all together. Post program, Not On Tobacco® program youth also have been shown to have better grades, higher motivation, fewer absences, better relationships with teachers and fewer school tobacco use policy violations.

N-O-T is taught by a trained and certified adult in ten, 50 minute sessions.

If you are interested in getting involved, please reach out to Claire.Coupard@lung.org.

For more information on N-O-T, click **here**.

INDEPTH: Intervention for Nicotine Dependence: Education, Prevention, Tobacco and Health - An Alternative to Suspension or Citation

INDEPTH is a new, convenient alternative to suspension or citation that helps schools and communities address the teen vaping problem in a more supportive way. Instead of solely focusing on punitive measures, INDEPTH is an interactive program that teaches students about nicotine dependence, establishing healthy alternatives and how to kick the unhealthy addiction that got them in trouble in the first place.

INDEPTH is taught by a trained adult in four, 50 minute sessions. Each session addresses a different tobacco-related issue and can be facilitated either in one-on-one or in a group setting.

For more information on INDEPTH, click **here**.

KBG Website

Make sure to check the KBG website for important updates, event registration, resources, event calendar, and so much more! The KBG website is going to be the best place to get information on the KBG.

Additionally, stay tuned for a brand-new website launch coming Fall 2024!

Visit Our Website

KBG is on Social Media!

Make sure follow KBG on social media. We love to connect with our followers!

@KBGdelaware on all social media!

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