Kick Butts Generation

VOICE: July 2024

Celebrate Your Independence from Tobacco and Nicotine

Mark Your Calendars: Youth Summit 2024

When: Monday, October 21st, 2024
Where: Clayton Hall at the University of Delaware

Join us this Fall on Monday, October 21st, 2024, for the annual KBG Youth Summit! This fun-filled day will consist of expert speakers, engaging activities, breakout rooms, and much more. We are so excited to spend the day with those in our KBG community, fighting against Big Tobacco and spreading our message!

Registration and additional details will be sent out in August.

The 2024-2025 Community Contract Tobacco Prevention Mini-Grants Are Now Open!

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The American Lung Association in Delaware, through a contract with the Delaware Division of Public Health, is seeking applications from organizations to conduct tobacco/e-cigarette prevention programs, and/or implement policy, systems, or environmental (PSE) changes related to tobacco.

$15,000 - $25,000 grants may be awarded to communities and organizations that exhibit a strong commitment to tobacco prevention and control programs in Delaware and enhancing or expanding access to tobacco education and prevention opportunities for children, families, and communities. Funds for the program are made available from the Delaware Health Fund. All organizations who would like to improve or implement tobacco prevention programs are encouraged to apply!

Click Here to Apply

Submissions are due on August 14, 2024, at 3 pm EST.
Submissions must be submitted via the online form. No paper, emailed, or fax copies will be accepted. Late submissions will not be accepted. Please direct all inquiries to Allison Zuber at Allison.Zuber@Lung.org

Looking Ahead: KBG in 2024-2025

KBG
THE NEW GENERATION

2024-2025 KBG Advisor Agreements Will Be Sent Out in August!

Please keep checking your email inbox this summer for more information on what's to come as we enter this next year. We have exciting plans for 2024-2025 and cannot wait to share them with you!

N-O-T & INDEPTH

N-O-T: Not on Tobacco - Proven Teen Smoking and Vaping Cessation Program

N-O-T is an evidence-based program with an impressive success rate, with approximately 90 percent of teens who participate in the program cutting back or quitting tobacco all together. Post program, Not On Tobacco® program youth also have been shown to have better grades, higher motivation, fewer absences, better relationships with teachers and fewer school tobacco use policy violations.

N-O-T is taught by a trained and certified adult in ten, 50 minute sessions.

If you are interested in getting involved, please reach out to Claire.Coupard@lung.org.

For more information on N-O-T, click **here**.

INDEPTH: Intervention for Nicotine Dependence: Education, Prevention, Tobacco and Health - An Alternative to Suspension or Citation

INDEPTH is a new, convenient alternative to suspension or citation that helps schools and communities address the teen vaping problem in a more supportive way. Instead of solely focusing on punitive measures, INDEPTH is an interactive program that teaches students about nicotine dependence, establishing healthy alternatives and how to kick the unhealthy addiction that got them in trouble in the first place.

INDEPTH is taught by a trained adult in four, 50 minute sessions. Each session addresses a different tobacco-related issue and can be facilitated either in one-on-one or in a group setting.

For more information on INDEPTH, click **here**.

KBG Website

Make sure to check the KBG website for important updates, event registration, resources, event calendar, and so much more! The KBG website is going to be the best place to get information on the KBG.

Additionally, stay tuned for a brand-new website launch coming

Fall 2024!

Visit Our Website

KBG is on Social Media!

Make sure follow KBG on social media. We love to connect with our followers!

@KBGdelaware on all social media!

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