Kick Butts Generation

VOICE: May 2024

KBG Monthly Theme: Lung Cancer Awareness Month

Recap: Senior Send-Off Event

Last month in April, Caesar Rodney High School held a sendoff event at Cesear Rodeny High School to congratulate seniors who are set to graduate this year. The main event for the evening was Trivia based on Stanford modules for tobacco & nicotine education. Prizes were awarded to the winners and the seniors left with large end of the year bags provided by KBG for their future endeavors.

Save the Date: World No Tobacco Day

May 31st is World No Tobacco Day!

When: Friday, May 31st, 2024

Join American Lung Association and the World Health Organization to honor World No Tobacco Day 2024. This day is a time to bring awareness of tobacco use around the world and the preventable consequences associated with it. Use May 31st as an opportunity to share information regarding the dangers of tobacco use and how we can ban together as a community against big tobacco!

Click to Learn More About World No Tobacco Day 2024

Call to Action: KBG Events

KBG

Kick Butts Generation

Calling all Adult Advisors!

As the school year wraps up, we would love to hear about some of the KBG events your Forces participated in during the year. Please send any details and photos of some of your favorite KBG related activities to be featured in the next KBG Voice newsletter.

You can email Claire.Coupard@lung.org with your KBG activity details. Thank you!

N-O-T & INDEPTH

N-O-T Not On Tobacco

N-O-T: Not on Tobacco - Proven Teen Smoking and Vaping Cessation Program

N-O-T is an evidence-based program with an impressive success rate, with approximately 90 percent of teens who participate in the program cutting back or quitting tobacco all together. Post program, Not On Tobacco® program youth also have been shown to have better grades, higher motivation, fewer absences, better relationships with teachers and fewer school tobacco use policy violations.

N-O-T is taught by a trained and certified adult in ten, 50 minute sessions.

If you are interested in getting involved, please reach out to Claire.Coupard@lung.org.

For more information on N-O-T, click **here**.

INDEPTH: Intervention for Nicotine Dependence: Education, Prevention, Tobacco and Health - An Alternative to Suspension or Citation

INDEPTH is a new, convenient alternative to suspension or citation that helps schools and communities address the teen vaping problem in a more supportive way. Instead of solely focusing on punitive measures, INDEPTH is an interactive program that teaches students about nicotine dependence, establishing healthy alternatives and how to kick the unhealthy addiction that got them in trouble in the first place.

INDEPTH is taught by a trained adult in four, 50 minute sessions. Each session addresses a different tobacco-related issue and can be facilitated either in one-on-one or in a group setting.

For more information on INDEPTH, click **here**.

INDEPTH®

KBG Website

Make sure to check the KBG website for important updates, event registration, resources, event calendar, and so much more! The KBG website is going to be the best place to get information on the KBG.

Additionally, stay tuned for a brand new website launch coming this Fall 2024!

Visit Our Website

KBG is on Social Media!

Make sure follow KBG on social media. We love to connect with our followers!

@KBGdelaware on all social media!

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